



As we wrap up the 2024 grape harvest and move into the next growing season, we are asking our industry to share their wellbeing strategies from harvest and throughout the year.

## What is the Marlborough Wine Industry Wellbeing week?

It's a fun and supportive week where we encourage the industry to share their wellbeing strategies on Instagram in a friendly competition.

A panel of independent judges will select the best initiative and the company will be recognised.

## How do I get involved?

Marlborough Wine industry businesses are encouraged to:

1. Submit an online entry form (scan below) by **5 pm Friday, 24 May.**
2. During the week of 27 – 31 May, post an image or reel on Instagram showcasing a wellbeing initiative for your business.
3. Tag @marlboroughwinenz and include **#WellnessWeek2024 #MarlboroughWine**

SCAN TO FIND OUT  
MORE AND ENTER

